

2015-2016 Recital and Non Recital Dance Class Descriptions

Tiny Toes (Recital)

Fun exercises to stretch the body and learn the basics of dance for preschool ages

Creative Dance I & II (Recital)

Fun exercises to stretch the body and learn the basics of dance for preschool ages

Combo: Ballet/Tumble with Carla Lewis (Non-recital class)

Beginner ballet positions and fundamental exercises. Rhythm, body awareness and creativity are encouraged.

Toe Tappers (Non-recital class) and Ballet & Tap combo

Learn the basics of both ballet and tap while gaining awareness of tempo and coordination.

Baby Steps (Non-recital class; parent is required to attend)

A fun class for you & your toddler! Dance, creative movement & music.

Leaps & Bounds (Non-recital class)

Is your child ready to take a leap and join our dance class without mommy for the first time? This class is designed to introduce your child to dance through music, creative movement and the fundamentals of ballet.

Ballet Tap Combo (Recital class)

Learn the basics of both ballet and tap while gaining awareness of tempo and coordination. Dancers will perform both styles in recital- one on Friday, the other on Saturday.

Ballet Intermediate I (Recital class)

A more structured class. Students continue at a higher level. 2 years required

Ballet Intermediate II (Recital class)

A more structured class. Students continue at a higher level. 3 years required

Ballet Adv I (Recital class)

4 years of ballet required.

Ballet Adv II (Recital class)

5 years of ballet required. At this level students are introduced to Pointe.

Ballet Adv III (Recital class)

6 years of ballet required. Pointe experience required.

Tap Intermediate I (Recital class)

Students have learned some of the basics of beginner tap. 1 year required.

Tap Intermediate II (Recital class)

Students have learned most basics of beginner tap. 2+ years required.

Tap III (Recital class-*Not currently offered*)

Students are progressing and have moved past the basics. 2 years required.

Tap Adv I (Recital class-*Not currently offered*)

Rhythm and stage presence are developed. 2 years at intermediate/advanced level is required.

Tap Adv II (Recital class-*Not currently offered*)

Rhythm and stage presence are developed. 3 years at intermediate/advanced level is required. Instructor approval required.

Beginner Jazz (Recital class)

Moving to music, exercising and just having fun!

Jazz I (Recital class)

Students learn basics of contemporary jazz technique and fundamentals of stretching, flexibility and conditioning. Rhythm, stage presence, and creativity are cultivated.

Jazz II (Recital class)

Students learn at a progressively higher level of difficulty. This class stresses attention to detail in choreography and synchronization. 1 year of Jazz at intermediate/advanced level is required.

Jazz III (Recital class)

Continuation of Jazz II. Advanced dance choreography and technique are introduced. Focus is on achieving an advanced skill set. 2 years of Jazz at intermediate/advanced level is required.

Jazz IV (Recital class)

Continuation of Jazz III. Students gain grasp on how performance, technique, choreography and skills are interwoven. Advanced movement and skills are enhanced. 3 years of Jazz at intermediate/advanced level is required.

Jazz V (Recital class)

Continuation of Jazz IV Stylization and fine-tuning of dance skills will be focused on. The skills and elements expected at the professional level will be reviewed. At least 4 years of Jazz at intermediate/advanced level and instructor approval are required.

Contemporary I (Recital class)

Class takes movement learned in jazz and incorporates it with primal and contemporary styles. Students learn to have an emotional connection to the music as well as work on free artistic expression

Contemporary II (Recital class)

Class combines skills in ballet, modern and jazz with focus on technique and expression. Students will work to connect emotionally to the music as well as work on articulation, line, weight, and movement qualities. Prior experience in jazz and ballet is required along with instructor approval.

Musical Theatre (Recital class)

Class combines jazz technique with other varieties to create a "Broadway" style of dance. Class will follow a jazz warm up and will have progressions, center floor work/combinations that combine acting with jazz dance.

Hip Hop Dance (Non-recital class-not currently offered)

Dance to popular music learning choreography of today's dance styles in this jazz funk/hip hop fusion class.

Hip Hop (Recital class – not currently offered)

This class provides a structured method of learning in various Hip Hop dance elements in a positive and encouraging class environment, and offers assorted sets of original steps and combinations.

Performance Ensemble (Recital class)

Students must be 9-19 years old by January 1, 2016. In this performance-based program, students perform at City of Palm Beach Gardens special events and local activities. Three years of intermediate /advanced jazz class (Two years for 9-12 year olds) and one year of ballet training is required for acceptance. Enrollment in one ballet class, one jazz class and one performance dance company class is also required. Additional fees for uniform will apply. Orientation will be held on 1st day of class on September 8, 2015. All students are placed in the Performance Ensemble.

Elite Compete

By invitation only: This is a competitive dance team reserved for dancers with the highest level of experience. Dancer's will travel to 2-3 local competitions as well as have the opportunity to participate in a dance intensive workshop. Dancers must be advanced in ballet, jazz and contemporary styles of dance. Enrollment in 2 additional elective dance classes is also required. Additional fees for uniform, costume, travel and competition will apply. This class will not have an orientation, but parents may be asked to attend for planning sessions at the instructor's discretion.

Additional Summer Class Offerings:

Jazz Fusion

Heat up summer with a combination of Jazz, contemporary and Funk styles. Students will focus on developing strength, working on higher-level skills and cultivating their own sense of movement.

Ballet/ Contemporary

Start with ballet technique to warm the body up which will then progress into contemporary routines.

