

GARDENS LIFE

THE CITY OF PALM BEACH GARDENS

This publication is funded through program revenue

VOLUME 6 | ISSUE 4

August - September

2016

Upcoming EVENTS

PALM BEACH GARDENS SUMMER GREENMARKET AT STORE

Sundays thru September 25 | 9:00am-1:00pm

STORE Self Storage & Wine Storage. 11010 N. Military Trail, PBG



We've got you covered again this summer! Don't miss out on this great Palm Beach Gardens summer tradition. Shop the freshest-of-the-fresh while staying cool under the breezeway at STORE. RAIN OR SHINE!

General GreenMarket Information: **561-630-1100** or recinfo@pbgfl.com

Vendor Information: **561-630-1146** or jnelli@pbgfl.com



THE GARDENS GREENMARKET SPONSORED IN GOOD HEALTH BY PALM BEACH GARDENS MEDICAL CENTER

CRAFTER JURY DATE

Friday, September 9

8:00am-Noon

Burns Road Recreation Center, 4404 Burns Road

If you're a craft vendor interested in participating in The Gardens GreenMarket tradition, your handmade work **MUST** be juried. Go to www.pbgfl.com/greenmarket for more information.

Vendor Information:

561-630-1146 or jnelli@pbgfl.com

General GreenMarket Information: **561-630-1100** or recinfo@pbgfl.com



GARDENS INDOOR YARD SALE



*Saturday, September 24
7:30-11:30am
Burns Road Recreation Center
4404 Burns Road*

Enjoy a morning of bargains as vendors sell their used treasures. Booth space is \$25, \$10 per 8' table rented and \$10 for electricity. Space is limited so early registration is highly recommended! For an application, please go to www.pbgrec.com/events or contact **Amy Stepper** **561-630-1116** or astepper@pbgfl.com. Activity # 332001-1

SEEKING VENDORS! 33RD ANNUAL GARDENS HOLIDAY BAZAAR

Friday, December 2, 11:00am-7:00pm

Saturday, December 3, 9:00am-4:00pm

*Burns Road Recreation Center
4404 Burns Road*

Accepting applications from gift and craft vendors until September 30.

Go to www.pbgrec.com/events

or pick one up at Burns Road Recreation Center.



Youth Tennis Programs



PALM BEACH GARDENS

5110 117th Court North

Palm Beach Gardens, FL 33418

561.775.8277



SUMMER CAMPS – The Tennis Center will continue to offer weekly camps through August 12. For descriptions, schedules, and prices, go to www.pbrec.com/tenniscamps.



USTA 10 & UNDER TENNIS...the age-appropriate method for teaching kids' tennis, with suitable balls, racquets, nets and courts.

SUMMER SESSION: Instructional classes conclude August 13, 2016. Space permitting, students may join an appropriate class in progress at a pro-rated fee.

FALL SESSION: Instructional classes start August 17.

| Code | Class | Age | Day | Date | Time | R/NR Fee | Location |
|------------|------------|-------|-----|---------------|---------------|-------------|---------------|
| 312101-1B* | 6 & Under | 4-6 | Sat | Aug 20-Oct 22 | 9:00-9:30am | \$90/\$113 | City Park |
| 312101-1C* | 6 & Under | 4-6 | Sat | Aug 20-Oct 22 | 9:30-10:00am | \$90/\$113 | City Park |
| 322102-1B | 8 & Under | 7-8 | Sat | Aug 20-Oct 22 | 10:00-11:00am | \$180/\$225 | City Park |
| 322103-1B | 10 & Under | 9-10 | Sat | Aug 20-Oct 22 | 11:00am-Noon | \$180/\$225 | City Park |
| 322104-1A | 16 & Under | 11-16 | Wed | Aug 17-Oct 19 | 5:30-6:30pm | \$180/\$225 | Tennis Center |
| 322104-1B | 16 & Under | 11-16 | Sat | Aug 20-Oct 22 | Noon-1:00pm | \$180/\$225 | City Park |

*Saturday 6-Under classes will be grouped by skill level and students assigned to 9 or 9:30am.

GETTING SERIOUS

Youth competitive training is now a 3 or 4-days per week program in 6-week sessions. A dedication to tennis as one's primary sport is expected.

| Code | Class | Age | Day | Date | Time | R/NR Fee | Location |
|-----------|---------------|------|----------|---------------|-------------|-------------|---------------|
| 312102-1A | Little Champs | 4-6 | M/W | Aug 15-Sep 21 | 3:15-4:00pm | \$168/\$204 | Tennis Center |
| 322105-1A | Future Stars | 6-8 | T/Th/F | Aug 16-Sep 23 | 3:30-4:30pm | \$324/\$405 | Tennis Center |
| 322105-1B | Junior Team | 7-14 | M/T/W/Th | Aug 15-Sep 22 | 4:30-6:30pm | \$648/\$728 | Tennis Center |
| 322105-1C | Match-Play* | 7-14 | Fri | Aug 19-Sep 23 | 4:30-6:00pm | \$84/\$105 | Tennis Center |

*with instruction

YOUTH RECREATIONAL TOURNAMENTS

Age: 8-17 | Saturdays | R/NR Fee: \$19/\$24

| Code | Class | Date | Time |
|-----------|----------------|--------|----------------|
| 222101-3D | Jr Rec Doubles | Aug 20 | 11:30am-3:00pm |
| 222101-3 | Jr Rec Singles | Aug 27 | 11:30am-3:00pm |
| 322101-1 | Jr Rec Singles | Sep 24 | 11:30am-3:00pm |



USTA JUNIOR TOURNAMENT LEVEL 6

Register at www.florida.usta.com

Sat-Mon, Aug 13-15: B/G 14-12-Under, First Match Losers Consolation (FMLC); 10-U Green Dot Round-Robin (RR), **Regional Qualifier**

Sat-Mon, Sep 10-12: B/G 18-16-Under, Singles (FMLC) and Doubles Single Elimination (SE)



Adult Tennis Programs

All Adult classes are held at the Tennis Center.

SUMMER SESSION: Instructional classes conclude August 13, 2016. Space permitting, students may join an appropriate class in progress at a pro-rated fee.

FALL SESSION: Instructional classes start August 16. Whether you are just beginning, returning, or progressing in tennis, there is an appropriate class for you!



INSTRUCTIONAL CLASSES

| Code | Class | Day | Date | Time | R /NR Fee |
|-----------|------------------|-----|---------------|------------------------------|-------------|
| 232105-D | Doubles Strategy | Wed | Jul 20-Aug 24 | 8:30-10:00am*(1.5 hr/6 wks) | \$162/\$203 |
| 232105-B | Doubles Strategy | Wed | Jul 20-Aug 24 | 10:00-11:30am*(1.5 hr/6 wks) | \$162/\$203 |
| 332102-1A | Beginner | Tue | Aug 16-Oct 18 | 6:00-7:00pm | \$180/\$225 |
| 332102-1B | Beginner | Sat | Aug 20-Oct 22 | 9:00-10:00am | \$180/\$225 |
| 332103-1A | Intermediate | Tue | Aug 16-Oct 18 | 7:00-8:30pm*(1.5 hr) | \$270/\$338 |
| 332103-1B | Intermediate | Sat | Aug 20-Oct 22 | 10:00-11:00am | \$180/\$225 |

(*1.5 hr classes are priced accordingly)

ADULT FITNESS DROP-IN CLASSES

Hitting Frenzy or Cardio, keep your body and your game in form with a limited commitment. Show up, sign in and go.

Ongoing | R/NR Fee: \$12/\$15 (1 hour); 1½ & 2-hour classes are priced proportionately.

| Class | Day | Time |
|-------------------|--------|--|
| Cardio Tennis AM | T/Th | 9:00-10:00am (August) |
| Cardio Tennis AM | M/Sa | 9:00-10:00am (September) |
| Cardio Tennis PM | Tue | 6:30-7:30pm |
| Hitting Frenzy AM | Mon | 7:30-8:30am (1 hr only) |
| Hitting Frenzy AM | Wed | 11:30am-12:30pm (1 hr only; Players Level 4.0 & up) |
| Hitting Frenzy AM | Fri | 8:30-10:30am (2 hrs) |
| Hitting Frenzy AM | Sa/Su | 11:00am-Noon or 12:30PM (1 or 1½ hour options available) |
| Hitting Frenzy PM | M/W/Th | 6:30-7:30 or 8:00pm (1 or 1½ hour options available) |

Multi-visit fitness class passes are available at a discounted rate.

ADULT 1-DAY TOURNAMENTS

Age: 18 and up | Saturdays | R/NR Fee: \$19/\$24

| Code | Class | Date | Time |
|-----------|---------------|-------|----------------------------------|
| 232101-3 | Singles | Aug 6 | 11:30am-3:30pm Drinks and Snacks |
| 332101-1D | Mixed Doubles | Sep 3 | 11:30am-4:00pm Lunch included |

ADULT LEAGUE PLAY AND MIXED DOUBLES

Weekday and weekend leagues, mixed doubles and tournaments are held for adults at all levels and abilities. Please call 561-775-8277 or visit the website at www.pbrec.com/tennis for more info.

Mixed Doubles play is held every Friday at 6:30 (Change-partner) and Sunday at 4pm (Paired). Please call the Tennis Center to sign up weekly **561-775-8277**.

Mixed Doubles Pizza Socials are usually the 4th Friday of each month. Sponsored by **Berkshire Hathaway HomeServices/ Florida Realty, The Island Group**.

2-Hour Frenzy Summer "Special" – M/W/F 8:30-10:30am – R/NR Fee: \$24/\$30

Call (561-775-8277) to sign-up for a great workout and drill session. Through September 9.



Youth Programs

Classes take place at Burns Road Recreation Center, 4404 Burns Road, unless otherwise noted. All class descriptions may be viewed online @ www.pbgrec.com

DANCE OPEN HOUSE

Monday, August 22 | 5:30-7:30pm

For assistance choosing the correct class type and level for your child, please attend our Dance Open House. Dance instructors will be available to confirm your class selections before you register.

RECITAL DANCE

Recital dance classes begin August 29, 2016, and will continue through May 13, 2017. Students may register for recital classes any time before November 1st. *Students are encouraged to enroll in one ballet class in addition to any jazz class.* Visit our **dance page @ www.pbgrec.com** for a complete overview of the recital program.

Fees: Recital classes for 2016-17 will be billed every 4 weeks; residents \$13 per week per class/non-residents \$16 per week per class. Extra fees will be associated with the dance recital. Information is available at registration. *For your convenience, students are registered once and remain in their dance class through the dance recital in May.*

Monday Classes

| Code | Class | Age | Time |
|-----------|------------------------|-------|-------------|
| 421002-2A | Ballet Intermediate I | 6-8 | 3:15-4:00pm |
| 421002-2B | Ballet Intermediate II | 8-10 | 4:00-4:55pm |
| 421004-1 | Jazz I | 6-8 | 4:15-5:00pm |
| 421004-6 | Musical Theatre | 9+ | 5:00-5:55pm |
| 421004-2 | Jazz II | 8-10 | 5:00-5:55pm |
| 421004-3 | Jazz III | 10-12 | 6:00-6:55pm |
| 421006-1 | Dance Ensemble* | 9-18 | 7:00-7:55pm |
| 421004-4 | Jazz IV | 12-14 | 8:00-8:55pm |

*Performance dance team. Additional fees may apply. Contact Chelsea at Ragermom@gmail.com for more information.

Tuesday Classes

| Code | Class | Age | Time |
|----------|-----------------|-------|-------------|
| 421007-3 | Hip Hop I | 8-11 | 4:00-4:55pm |
| 421007-4 | Hip Hop II | 12-18 | 5:00-5:55pm |
| 421006-2 | Elite Compete* | 12-19 | 6:00-6:55pm |
| 421004-5 | Jazz V | 13-19 | 7:00-7:55pm |
| 421007-2 | Contemporary II | 13-19 | 8:00-8:55pm |

*Prior teacher invitation required for enrollment in this class. Additional fees for competition apply.

Wednesday Classes

| Code | Class | Age | Time |
|-----------|-----------------------|------|-------------|
| 421005-3A | Ballet/Tap* | 5-7 | 3:00-3:55pm |
| 421002-3A | Ballet Intermediate I | 6-8 | 4:00-4:45pm |
| 421003-1 | Tap Intermediate | 6-10 | 4:45-5:30pm |
| 421002-4 | Ballet-Advanced I | 10+ | 5:30-6:30pm |
| 421002-5 | Ballet-Advanced II** | 10+ | 6:30-7:30pm |
| 421002-6 | Ballet-Advanced III | 10+ | 7:30-9:00pm |

*First year ballet/tap students only. This is a beginner class. **Class extended to 8:00pm for Pointe students.



Thursday Classes

| Code | Class | Age | Time |
|-----------|---------------------------|------|-------------|
| 421005-3B | Ballet/Tap* | 5-7 | 3:30-4:25pm |
| 421002-8 | ABT Ballet & Pre-Pointe** | 10+ | 4:30-5:55pm |
| 421007-1 | Contemporary I | 9-15 | 6:00-6:55pm |

*First year ballet/tap students only. This is a beginner class.

**Class taught using American Ballet Theatre curriculum by ABT certified instructor

Saturday Classes

| Code | Class | Age | Time |
|-----------|-----------------------|-----|---------------|
| 421005-7 | Tiny Toes | 3-4 | 9:00-9:45am |
| 421005-1B | Creative Dance I | 4-5 | 9:45-10:30am |
| 421005-2B | Creative Dance II | 5-6 | 10:30-11:15am |
| 421004-8 | Beginner Jazz | 5-7 | 11:15am-Noon |
| 421002-3B | Ballet Intermediate I | 6-8 | Noon-12:45pm |

SAVE THE DATE: SPRING 2017 DANCE RECITAL

at the Eissey Theatre, Palm Beach State College

Wednesday, May 10, 2017 Work rehearsal | 3:30pm-9pm*

Thursday, May 11, 2017 Dress rehearsal | 5pm-9pm*

Friday, May 12, 2017 Performance | 7pm

Saturday, May 13, 2017 Performance | 2pm

*Times are subject to change for rehearsals. Younger dance students will be released early.

2016-2017 DANCE ENSEMBLE ORIENTATION

Monday, August 29 | 7:00-7:55pm

Performance Ensemble Class

Location: Burns Road Recreation Center

All Ensemble members must attend the Performance Ensemble class on Monday, August 29. Parents are requested to attend this informational class. This orientation session is actually the first class of the 2016-17 Season. All fees must be paid prior to admission to the orientation. Please visit www.pbgrec.com for Dance Ensemble requirements.

RECREATIONAL DANCE

Sign up and join these classes at any time. Recreation dance classes will be pro-rated. Check back in early October for additional recreational dance class offerings.

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|---------------|-----------|-----|--------------|-------------|-----------|
| 311001-1E | Ballet/Tumble | 3.5-6 yrs | Wed | Sep 28-Nov 2 | 5:00-5:45pm | \$66/\$83 |



ART

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|---------------------------------|-------------------------------------|-----|---------------|-------------|-------------|
| 311202-1A | Petite Pals | 3-5 | Wed | Sep 7-Oct 19 | 3:00-3:50pm | \$84/\$105 |
| 311202-1B | Petite Pals | 3-5 | Wed | Sep 7-Oct 19 | 3:55-4:45pm | \$84/\$105 |
| 321202-1A | Petite Painters | 5-11 | Tue | Sep 6-Oct 18 | 4:00-5:00pm | \$84/\$105 |
| 321202-1B | Petite Painters | 5-11 | Tue | Sep 6-Oct 18 | 5:15-6:15pm | \$84/\$105 |
| 321204-C | Middle School Art Audition Prep | 4 th -5 th gr | Mon | Sep 12-Dec 19 | 6:00-7:30pm | \$195/\$244 |

MUSIC

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|---------------------------|----------------|-----|---------------|--------------|--------------|
| 310503-1A | Musikgarten: Sing with Me | 15 mos-3.5 yrs | Fri | Sep 16-Dec 16 | 9:00-9:30am | \$108/\$135* |
| 310503-1B | Musikgarten Wind Dancers | 3-5 | Fri | Sep 16-Dec 16 | 9:45-10:15am | \$108/\$135* |

*Additional Materials Fee: \$45

GENERAL YOUTH

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|--------------------|-------|-----|--------------|-------------|-------------|
| 321805-1A | Bee-Bots Discovery | 4-6 | Fri | Sep 9-Oct 14 | 3:15-4:00pm | \$108/\$135 |
| 321805-1B | Robotics Discovery | 7-11 | Fri | Sep 9-Oct 14 | 4:15-5:15pm | \$120/\$150 |
| 321802-1 | Karate for Kids | 7-9 | M/W | Sep 7-Oct 26 | 6:00-6:45pm | \$90/\$113 |
| 331902-1 | Karate for Juniors | 10-15 | M/W | Sep 7-Oct 26 | 7:15-8:45pm | \$105/\$132 |

PRIVATE DANCE CLASSES

Private lessons to prepare for auditions to Bak Middle School of the Arts and Alexander W. Dreyfoos School of the Arts, or for dance competitions.

Three 1-hour dance lessons will include proper format of a dance audition, how to prepare yourself, and a choreographed one-minute solo. Students will receive an edited excerpt from the music of their choice. To arrange an appointment, please email **Chelsea Rager** at ragermom@gmail.com or **Nicole Haag** at nhaag913@me.com, then register at BRRC and bring receipt to class.

Date: By appointment only – thru February 2017

| Class | Grade | Date/Time | R/NR Fee |
|-------|------------|-----------------|---------------------------|
| Prep | 5th or 8th | to be arranged* | \$250/\$300 for 3 lessons |

Instructor: Chelsea Rager or Nicole Haag
 Location: Burns Road Recreation Center
 *Class time will be arranged based on mutual instructor/student schedule and dance room availability. Lessons will be held in our large or small dance room weekday evenings or weekends.

Youth Programs

GYMNASTICS

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|--------------------------|------|-----|--------------|---------------|------------|
| 312505-1A | Small & Tall Gymnastics* | 1-2 | Thu | Aug 18-Oct 6 | 10:00-10:45am | \$96/\$120 |
| 312505-1B | Tots Gymnastics | 3-5 | Tue | Aug 16-Oct 4 | 2:40-3:20pm | \$96/\$120 |
| 312505-1C | Tots Gymnastics | 3-5 | Thu | Aug 18-Oct 6 | 11:00-11:40am | \$96/\$120 |
| 312505-1D | Tots Gymnastics | 3-5 | Thu | Aug 18-Oct 6 | 2:40-3:20pm | \$96/\$120 |
| 322521-1A | Beginner Gymnastics | 5-9 | Tue | Aug 16-Oct 4 | 3:30-4:20pm | \$96/\$120 |
| 322521-1C | Beginner Gymnastics | 5-9 | Thu | Aug 18-Oct 6 | 3:30-4:20pm | \$96/\$120 |
| 322521-1D | Beg./Int. Gymnastics | 8-14 | Thu | Aug 18-Oct 6 | 4:30-5:20pm | \$96/\$120 |
| 322521-1G | Ninja Fitness | 7-15 | Tue | Aug 16-Oct 4 | 4:30-5:20pm | \$96/\$120 |

*Parent must participate

RHYTHMIC GYMNASTICS



This program teaches participants elements of dance, gymnastics, and ballet while also incorporating the use of apparatuses (balls, ribbon, hoops, etc.).

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|--------------------------------------|------|-------|---------------|-------------|-------------------|
| 312505-1E | Turning Twisters | 3-5 | Mon | Aug 15-Oct 10 | 2:40-3:20pm | \$104/\$130 |
| 312505-1F | Turning Twisters | 3-5 | Wed | Aug 17-Oct 5 | 2:40-3:20pm | \$104/\$130 |
| 322521-1E | Jumping Juniors | 6-12 | Mon | Aug 15-Oct 10 | 3:30-4:20pm | \$104/\$130 |
| 322521-1F | Jumping Juniors | 6-12 | Wed | Aug 17-Oct 5 | 3:30-4:20pm | \$104/\$130 |
| 422521-1 | PB Rhythmic Gymnastics Club Team* | 6-14 | M/W/F | Aug 15-May 31 | 3:30-5:30pm | \$204/\$225 mo.** |

*Prospective Competition Team members must audition and get a coach's approval. Please contact Coach Maureen at 561-339-7848 to schedule an audition.

**Fee is for the full 6 hours per week. Pre-Team members will be training 4 hours per week at a smaller monthly fee.

YOUTH SPORTS

| Code | Class | Age | Day | Date | Time | R/NR Fee |
|-----------|--------------------|-------|-----|---------------|-------------|---------------------|
| 212502-2A | Pre-K Golf Clinic* | 3-5 | Tue | Aug 9-Sep 13 | 5:30-6:30pm | \$90/\$113 |
| Drop-in | 180° Hoops | 10-16 | Wed | Aug 17-Sep 21 | 6:15-8:15pm | \$25/\$32 per class |

*This class takes place at Mirasol Park, 12385 Jog Road.

Riverside Youth Enrichment Center



10170 Riverside Drive
Palm Beach Gardens 33410
561.630.1130



CHILDCARE REGISTRATION AT RIVERSIDE YOUTH ENRICHMENT CENTER

Our school is currently taking registrations for the 2016/2017 school year. This licensed, state-of-the-art child care facility is APPLE accredited and was established to enhance physical and intellectual development in preschool age children. Teachers use a combination of child-initiated and teacher-directed activities to promote curiosity and learning through fun-filled activities. Our program helps children learn how to use their developing language, thinking and motor skills. Please visit our website at www.pbgrec.com/ryec or call 561.630.1130 for additional information or to schedule a tour of our facility Monday-Friday between 9:00am-3:30pm. License #50-51-03149.



Gardens Skate Park

10113 Plant Drive
Palm Beach Gardens 33410

Located in Plant Drive Park, this 12,000 square foot facility is designed to be enjoyed by both the beginning and advanced level rider. Shaded spectator seating gives those who want to sit back and watch a great view of the action. **Helmets are required.** Skaters/bikers under the age of 18 must have a waiver on file and Skate ID Card. Skate ID may be received at Burns Road Recreation Center, 4404 Burns Road. The skate park is staffed during hours of operation. Skaters under 12 must be accompanied by a parent/guardian.



Fall Skate Park Hours

(August 15 thru December 30, 2016)
Holiday hours will be posted on the website.

- Monday thru Friday evenings – 3:30-9:00pm (bikes only on Wednesdays 3:30-9:00pm)
- Saturdays - 9:00am-9:00pm (scooters only 9:00-10:00am, bikes only 3:00-9:00pm)
- Sundays - Noon-6:00pm

Adult / Seniors Club

The 55 and over Palm Beach Gardens Adult/Seniors Club provides an exciting opportunity to meet and socialize over coffee/tea and games. Both residents and non-residents of Palm Beach Gardens are welcome to join our club. We offer a wide variety of new programs, activities and trips to keep your brain stimulated and engaged. Your first visit is free! Register at any time throughout the year. Come join us; every day is a PARTY DAY!

SEASON 2016-2017 FEES

Our new season and annual fee begins on September 1, 2016, and runs through August 31, 2017.

Resident/Non-Resident Annual Fee: \$25/\$50

Pro-rated Summer Resident/Non-Resident Annual Fee: \$12.50/\$25 (thru August 31, 2016)

Guest Resident/Non-Resident Fee: \$3/\$5

DAILY/WEEKLY ACTIVITIES

LAKESIDE CENTER, 10410 N. Military Trail (building opens at 12:30pm)

LAKESIDE SIZZLING SUMMER BINGO continues through August 29, 2016: Mondays, 1-4pm (Arrive by 12:30pm to purchase your cards.)

MONDAYS: 1-5pm – Social Bridge and Mah Jongg

TUESDAYS: 1-5pm – Informal Mah Jongg lessons/games

WEDNESDAYS: 1-5pm – Scrabble, Mah Jongg, Social & Duplicate Bridge, Rummy and Poker

THURSDAYS: 1-2:30pm – Book Club every third Thursday of the month

1-3pm – Movies every week except the third Thursday of the month

1-5pm – Canasta lessons/games



FRIDAYS – VARIETY GAME DAY: 1-5pm – Social Bridge, Rummy, Poker, Scrabble, and Rummikub

If you are interested in playing a game that was not listed in our programs, please sign up at our front desk and let's see if we can get a game going for you on Friday's Variety Game Day.

BURNS ROAD RECREATION CENTER, 4404 Burns Road

MONDAYS: 1-4pm – Bingo (September 12, 2016 to May 22, 2017) Arrive by 12:30pm to purchase your cards.

12-1pm – **Book and Jigsaw Puzzle Exchange** – Bring in your books, magazines and puzzles to share and exchange at Burns Road Recreation Center or at Lakeside Center.

Visit our website at www.pbgreg.com for Adult/Senior trip listings and updates.

Adult Programs

All classes take place at Burns Road Recreation Center and are for ages 18+ unless otherwise noted. Class descriptions may be viewed online at www.pbgrec.com.

DANCE

| Code | Class | Day | Date | Time | R/NR Fee |
|-----------|---------------------------|-----|--------------|--------------|-----------|
| 331103-1 | Adult Ballet (16+) | Wed | Sep 28-Nov 2 | 5:55-7:10pm | \$66/\$83 |
| 331102-1B | Intermediate Tap | Wed | Sep 7-28 | 12:45-1:45pm | \$40/\$50 |
| 331102-1A | Basic Beginner Tap | Wed | Sep 7-28 | 1:50-2:50pm | \$40/\$50 |
| 331102-1D | Intermediate/Advanced Tap | Sat | Sep 10-24 | 9:50-10:50am | \$30/\$38 |
| 331102-1E | Advanced Beginner Tap | Sat | Sep 10-24 | 11:00am-Noon | \$30/\$38 |
| 331102-1C | Basic Beginner Tap | Sat | Sep 10-24 | 12:10-1:10pm | \$30/\$38 |

R/NR Drop-in Fee for all Adult Tap classes is \$12/\$15



ART

Supply lists (if necessary) available upon registration.

| Code | Class | Day | Date | Time | R/NR Fee |
|-----------|-------------------------|-----|-------------|----------------|-------------|
| 331302-1A | Painting: Oil & Acrylic | Tue | Sep 6-Oct 4 | 9:30am-12:30pm | \$130/\$163 |
| 331302-1C | Painting: Oil & Acrylic | Tue | Sep 6-Oct 4 | 1:00-4:00pm | \$130/\$163 |
| 331302-1B | Painting: Oil & Acrylic | Wed | Sep 7-Oct 5 | 9:30am-12:30pm | \$130/\$163 |

GENERAL ENRICHMENT

| Code | Class | Day | Date | Time | R/NR Fee |
|----------|---------------------|-----|--------------|---------------|--------------------------------|
| 331902-1 | Karate for Adults | M/W | Aug 15-Oct 5 | 7:15-8:45pm | \$105/\$132 |
| None | AARP Driver Safety* | Wed | Sep 7 | 9:00am-3:00pm | \$15 AARP mbr/ \$20 non-mbr |

*To register for the AARP Driving Class, call 561-630-1100. A check made payable to AARP must be brought to the instructor on the first day of the class. Bring your valid AARP card to receive a discount. Florida residents can expect a rebate on their insurance.

WELLNESS

Lakeside Center (10410 N. Military Trail)

| Code | Class | Day | Date | Time | R/NR Fee |
|--------------|--------------------------|------|--------------|---------------|-------------------------------|
| Drop-in only | Gentle Silver Yoga (50+) | Wed | thru Aug 31 | 10:30-11:30am | \$15/\$19 |
| 341901-1A | Gentle Silver Yoga (50+) | Wed | Sep 7-Oct 26 | 10:00-11:00am | \$96/\$120 Drop-in: \$15/\$19 |
| 232801-2A | Hatha Yoga | Mon | Aug 1-Sep 19 | 6:00-7:15pm | \$70/\$88 Drop-in: \$12/\$15 |
| 332804-1B | Hatha Yoga | Mon | Sep 26-Nov 7 | 6:00-7:15pm | \$70/\$88 Drop-in: \$12/\$15 |
| Drop-in only | Health Yoga | T/Th | thru Sep 1 | 7:15-8:15pm | \$15/\$19 |
| 331908-1A | Health Yoga | Tue | Sep 6-Oct 25 | 6:00-7:00pm | \$96/\$120 Drop-in: \$15/\$19 |
| 331908-1B | Health Yoga | Thu | Sep 8-Oct 27 | 7:15-8:15pm | \$96/\$120 Drop-in: \$15/\$19 |
| 331908-1D | Health Yoga | Fri | Sep 9-Oct 28 | 10:00-11:00am | \$96/\$120 Drop-in: \$15/\$19 |

Burns Road Recreation Center (4404 Burns Road)

| Code | Class | Day | Date | Time | R/NR Fee |
|-----------|-----------------------------|--------|---------------|-----------------|-----------|
| Drop-in | Lunchtime Health Yoga | M/W/F | Ongoing | 11:45am-12:30pm | \$10/\$13 |
| 331908-1C | Prenatal Yoga | Thu | Aug 18-Sep 22 | 6:00-7:00pm | \$72/\$90 |
| Drop-in | Zumba (16+) | T*/Th | Ongoing | 6:45-7:45pm | \$5/\$6 |
| Drop-in | HIIT it | T/Th | Ongoing | 8:30-9:00am | \$3/\$4** |
| Drop-in | Intense Intervals | T/Th | Ongoing | 9:15-10:15am | \$5/\$6** |
| Drop-in | Stretch 'n Strengthen (16+) | M/W/Sa | starts Aug 15 | 8:30-9:30am | \$7/\$9 |
| Drop-in | Stretch 'n Strengthen (16+) | T/Th | starts Aug 16 | 5:30-6:30pm | \$7/\$9 |

10-Class Pass R/NR Fees: Intense Intervals and Zumba – \$45/\$56; Lunchtime Health Yoga – \$80/\$100; HIIT it – \$27/\$36; Stretch & Strengthen – \$55/\$69

*The Tuesday Zumba class will start on August 16.

**These classes take place at the Lakeside Center thru August 11, and then return to BRRRC.



ADULT SPORTS

The City of Palm Beach Gardens offers Adult Sports Leagues for ages 18+ including Men's, Women's and Coed Sports programs. If you are an individual player looking for a team, please fill out a free agent form at www.teamsideline.com/pbgfl. All league information regarding schedules and standings can be found at www.teamsideline.com/pbgfl. For more information and start dates please call 561-630-1113. The following leagues will be starting new seasons in the fall:

MEN'S SOFTBALL

Season includes 10 regular season games followed by single-elimination playoffs.

| Code | Day | Date | Time | Location | Team Fee |
|----------|-----|---------------|----------|-------------------------|----------|
| 332601-D | Thu | Aug 18-Nov 17 | Evenings | PGA Nat'l/Mirasol Parks | \$600 |

COED SOFTBALL

Season includes 10 regular season games followed by single-elimination playoffs.

| Code | Day | Date | Time | Location | Team Fee |
|----------|-----|---------------|----------|--------------|----------|
| 332601-B | Tue | Aug 16-Nov 15 | Evenings | Mirasol Park | \$525 |

COED KICKBALL

Season includes 10 regular season games followed by single-elimination playoffs.

| Code | Day | Date | Time | Location | Team Fee |
|----------|-----|---------------|----------|-------------------|----------|
| 332606-A | Wed | Aug 17-Dec 14 | Evenings | PGA National Park | \$350 |

COED FLAG FOOTBALL

Season includes 10 regular season games followed by single-elimination playoffs.

| Code | Day | Date | Time | Location | Team Fee |
|----------|-----|--------------|----------|--------------|----------|
| 332602-A | Mon | Aug 8-Nov 14 | Evenings | Mirasol Park | \$525 |

OPEN GYM

Open gym availability varies throughout the year. Please check pbgrec.com for current hours.

PICKLEBALL

Pickleball combines many elements of tennis, badminton, and ping-pong and is played on badminton-sized courts with modified tennis nets. Players are encouraged to bring their own paddles; balls and a limited number of paddles are available for use.

The City recently constructed six Pickleball courts at Plant Drive Park for City residents and guests! There is no charge to use these outdoor, lighted courts which are open to the public and available on a first-come, first served basis.

| Code | Day | Date | Time | Location | R/NR Fee |
|---------|-----|-------------------------|--------------|----------|----------|
| Drop-in | W/F | Ongoing starting Aug 17 | 8:30-11:30am | BRRC Gym | \$2/\$3 |

Annual Pickleball Res/NR Pass: \$35/\$44. Annual pass covers open Pickleball play through July 31, 2017.



Aquatics



4404 Burns Road
Palm Beach Gardens 33410
561.630.1100
www.pbgrec.com/aquatics



OPEN SWIM HOURS & FEES

Summer Hours: the lap pool, diving board, slides, rock wall and spray areas are open 7 days a week from 10am-5pm until August 14th.

Back to School Hours: begin Monday, August 15 – go to www.pbgrec.com/aquatics for an updated schedule.

Labor Day Hours: Monday, September 5th holiday hours for the entire Aquatic Complex will be 10:00am-4pm.

Pool Admission Fees: Daily: \$3 Resident/\$10 Non-Resident
Quarterly Lap Pass: \$68.90 Resident/\$137.50 Non-Resident

LABOR DAY SPLASH

Celebrate Labor Day at the pool with us on Monday, September 5 from 10am-4pm! Enjoy the slides,

playground, rock wall, activities for the kids and music. Ice cold treats will be available for purchase. **Pool admission:** \$3 Residents/\$10 Non-Residents



MAKOS SWIM TEAM

The Mako Sharks are welcoming new swimmers, ages 4-17, of all skill levels to come check out the swim team. Visit our website at www.pbgfl.com/makos for all of the team details.

LEARN TO SWIM

Group and private swimming lessons for infants, toddlers, teens & adults

It is not too late in the season to learn life saving water safety skills. We will be offering swimming lessons through the end of September. Don't miss out! Check our website for more details.



WATER FITNESS CLASSES

Enjoy classes in our heated pool. Weekday and Saturday classes are available. All equipment provided.

Drop-in Fee:
\$4 Resident/
\$5 Non-Resident.
Please check online for our current water aerobics schedule.



POOL PARTIES!

Celebrate your special event in one of our five private areas. Time slots fill up quickly so reserve your space now! *The play pools close on September 30 for the season.*

AMERICAN RED CROSS LIFEGUARD TRAINING

The purpose of this course is to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies. Please go to www.pbgrec.com/aquatics for all prerequisites and course objectives.

| Code | Age | Day | Date | Time | R/NR Fee |
|-----------|-----|-----|---------|---------|-------------|
| 230801-2B | 15+ | M-F | Aug 1-5 | 8am-2pm | \$260/\$280 |



Sandhill Crane Golf Club



Book a tee time: www.gardensgolf.com

MEMBERSHIPS

Annual and seasonal memberships are available! Please call the Pro Shop or ask any staff member about the benefits of being a member.

NEW! JUNIOR GOLFER ANNUAL PASSPORT

Age: 17 (still in high school) and under: \$135 Residents/\$272 Non Residents
Sandhill Crane Golf Club offers annual passports for Juniors with multiple benefits. Visit www.GardensGolf.com for a detailed listing.

ELITE GOLF AFTERSCHOOL TRAINING PROGRAM

Ideal for juniors who are aspiring to play competitive golf or would like to improve their performance in current competitive events. This program is also suited for golfers striving to make their high school teams or seeking to earn a college golf scholarship. Choose two or three sessions per week.

| Code | Day | Date | Time | R/NR Monthly Fee |
|-----------|-----------------------|---------|-------------|------------------|
| 180200-S2 | M-Th or Sa* (2x/week) | Sep-May | 3:30-5:00pm | \$360/\$432 |
| 180200-S3 | M-Th or Sa* (3x/week) | Sep-May | 3:30-5:00pm | \$450/\$540 |
| 180200-O2 | M-Th or Sa* (2x/week) | Sep-May | 5:00-6:30pm | \$360/\$432 |
| 180200-O3 | M-Th or Sa* (3x/week) | Sep-May | 5:00-6:30pm | \$450/\$540 |

*Saturday times are 3:00-5:00pm

11401 Northlake Blvd.
Palm Beach Gardens, FL 33412
561.630.1160
www.GardensGolf.com



PARENT JUNIOR

Join other families on Sunday afternoons for 9 holes of competition, golf camaraderie and skill development. Team handicaps will be established to create a fun and fair playing experience for all skill levels.

| Code | Day | Date | Time | R/NR Fee |
|-----------|-----------------------|---------|----------------|------------------------------|
| 180400-PJ | Sun | Sep-Oct | 4:00pm Shotgun | \$40/\$48 per team per event |
| 180400-PR | Tour Registration Fee | | | \$75 |



FACEBOOK CHALLENGE

Win free rounds of golf by correctly answering multiple choice questions on the Sandhill Crane Golf Club's Facebook page. Questions will pertain to the PGA Tour major tournaments played throughout the 2016-2017 season (The Masters, PGA Championship, U.S. Open, & The British Open).

GOLF LEAGUES

Sandhill Crane Golf Club Men's League: Monday, Tuesday, Thursday, Saturday & Sunday mornings beginning with 7am tee times. League is coordinated by the Men's Group Committee. You are not required to play each day the league is held. A point system is used. Daily golf fee required and an additional \$5 cash for points game. Inquire for more information in the pro shop.

Sunday Morning League: Sunday mornings only; tee times begin at 7am. Please check in prior to 7am in the pro shop for sign-up information. Daily golf fee required and league plays a \$5 points system cash game. *Note: This league is not operated by the Club. Call the Pro Shop for the organizer's phone number.*

Sandhill Crane Summer "SKINS" Game: Thursday afternoon 9-hole skins game. Players of all skill levels welcome to play in this weekly event. Play will begin at 5:30pm with a shotgun start. Daily 9-hole afternoon golf fee required plus a \$20 skins fee.

GOLF INSTRUCTION

Head PGA Professional, Sherri Pla | Certified PGA Teaching Professional, Bill Decker

If you are in need of help with your golf game or just interested in learning from our excellent PGA Teaching Staff, please call the pro shop at 561-630-1160 to schedule a lesson.

NR – Non-resident fees are established to equalize the impact of non-Palm Beach Gardens tax paying participants on facilities.

CITY INFORMATION



| | |
|-----------------------------------|-----------------|
| Emergency | 9-1-1 |
| City Hall | 799-4100 |
| Police (non-emergency) | 799-4445 |
| Fire/Rescue (non-emergency) | 799-4300 |
| Citizen Services | 625-4PBG (4724) |
| Recreation | 630-1100 |

FACILITY RENTALS

Our friendly staff will help you find the perfect room or facility to host your meeting, reception, seminar, birthday, graduation, anniversary, shower, recital and more! Tours are available upon request. For more information, please visit www.pbgreg.com or call (561) 630-1100.

BANNER PROGRAM

The City of Palm Beach Gardens offers businesses seasonal and annual marketing opportunities with our Banner Program. Businesses can buy into our Annual Banner Program at any time of the year for the following locations: North & South Gymnasium at Burns Road Recreation Center, Palm Beach Gardens Aquatic Complex, Palm Beach Gardens Skate Park and Palm Beach Gardens Tennis Center. For more information, please contact Louise Jordan at (561) 630-1147 or ljordan@pbgfl.com.

SPONSORSHIPS

SPECIAL THANKS to the following businesses that have contributed \$500 or more to our recent events and programs. The support we get from our business community is very much appreciated and attributes to our SUCCESS!

- BallenIsles Charities Foundation, Inc.
- Berkshire Hathaway HomeServices/Florida Realty, The Island Group
- Best Version Media
- Chick-fil-A Northlake Boulevard
- Domnick Cunningham & Whalen
- Dr. Mimy's Children's Dentistry
- Flower Kingdom
- Florida Power & Light (FPL)
- Frenchman's Creek Charities Foundation
- The Gardens Court
- HealthSource Chiropractic & Progressive Rehab of Jupiter
- The Honda Classic Cares
- MedExpress Urgent Care
- Palm Beach Gardens Medical Center
- Paragon Contracting Group, Inc.
- Schumacher Automotive

GardensArt



GardensArt, an art in public places program presents the work of artists year round in ongoing exhibitions in the City Hall Lobby and Burns Road Recreation Center Auditorium. The exhibits are on loan from the artist for approximately 6 weeks. All exhibits and receptions are free and open to the public.

CITY HALL LOBBY EXHIBITIONS

10500 N. Military Trail, Palm Beach Gardens, FL 33410
Exhibit Hours: Monday-Friday, 8:00am-5:00pm



August 29-October 6, 2016
"In Plein Sight"
Oil Paintings by
Janet Onofrey

Meet & Greet the Artist:
Friday, September 23
5:30-7:00pm

BURNS ROAD RECREATION CENTER AUDITORIUM

4404 Burns Road, Palm Beach Gardens, FL 33410
Exhibit Hours: Hours may vary. Please call 561-630-1100 for available viewing hours.

September 12-October 26, 2016
"String Fever"
String & Nail Art
by **Richard Dickhaus**

Artist's Reception:
Tuesday, September 20
5:30-7:00pm



Sponsoring with Palm Beach Gardens Recreation

The City of Palm Beach Gardens Recreation Division provides unique sponsorship and partnership opportunities for your business and organization. As you can see by reading our Gardens Life brochure, there are numerous events and programs that would benefit from community support. We continually strive to offer the finest in recreation programming and events for residents of the City of Palm Beach Gardens and our neighbors in surrounding communities, and sponsors only enhance our offerings.

As a sponsor, in return for your investment, your business or organization will be able to assist with bringing arts, entertainment and special programs to our City, while at the same time benefiting from the exposure and relationship we can offer to reach your marketing, advertising and public relations goals. Contact **Christy Wolnewitz at 630-1107** or cwolnewitz@pbgfl.com for sponsorship opportunities.