

Soul Line Dancing

Palm Beach Gardens Recreation

Free Demo Class
Saturday, January 2
10:00am-11:00am
18 yrs. & up



Exercise to the sounds of Marvin Gaye, Patti Labelle, Michael Jackson, R. Kelly & others

Your Friday night has just gotten better.

Soul Line Dancing is similar to Country Line Dancing. The music and steps are different but people are having fun just the same! Learn new dance 'steps' while improving your health & fitness. Students can lose weight, reduce cholesterol, lower blood pressure and relieve stress and joint pain. How can you say no?

Age: 18 years up **BRRC/Large Dance Room**

Instructor: Dennis Mobley **Min/Max:** 10/50

Code	Day	Date	Time	Drop-in Fee/RDF
131108-1	Fri	Jan 8- Feb 26	6:30pm-7:30pm	\$6/\$5

Discount Pass: Purchase an 8-class pass and receive a discount.

Fee/RDF: \$42/\$35

www.pbgfl.com
recinfo@pbgfl.com



561-630-1100

Recreation...Make It Part of Your Life!